

NAACRA

Sports and Fun Catamarans



Sailing Instructions

Nederlands kampioenschap Nacra 2010

14 and 15 Augustus 2010

Muiderzand



0 ORGANISING AUTHORITY:

The "Nederlands kampioenschap Nacra 2010" will be organized by ZV de Roerkoning, on behalf of the Nacra Association.

1 RULES:

- 1.1 The regatta will be governed by the 'rules' as defined in the Racing Rules of Sailing (RRS).
- 1.2 The Nacra Class rules will apply, with the following amendments:
- 1.3 The 2010 Texel Rating Rules (TR) will apply to the "Open class".
- 1.4 Boats may have to display stickers provided by the organizers on the 25% front from the bow on the outsides of both hulls while afloat. Competitors are solely responsible for maintaining these stickers and for replacing them when necessary.

2 NOTICES TO COMPETITORS:

- 2.1 The official notice board will be located at the regatta office near the clubhouse.
- 2.2 Notices to competitors, including any changes to the schedule of races or the Sailing Instructions shall be posted on the official notice board at the regatta office.

3 CHANGES TO SAILING INSTRUCTION:

Any change to the Sailing Instructions will be posted one hour before the start of the first race on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

4 SIGNALS MADE ASHORE:

- 4.1 Signals made ashore will be displayed from a flagpole in front of the Regatta Office.
- 4.2 When flag "AP" is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in race signal "AP". Boats are requested not to leave the beach until this signal is removed.

5 SCHEDULE OF EVENTS:

<u>Date</u>	<u>Time</u>	<u>Event</u>
Saturday, 14 th Aug 2010	09:00-11:00	Registration at the desk in the race office.
	11:00	Briefing
	12:00	Warning signal 1st race of the day.
Sunday, 15 th Aug 2010	11:00	Warning signal 1st race of the day.
	15:30	No more warning signals will be given after 15:30.
	asap	Price giving as soon as possible after finish of the last race.

- 5.2 For "Nederlands kampioenschap Nacra 2010" a maximum of 7 races is scheduled. A total of 3 sailed races must be completed to constitute the Open Dutch Nacra Championship 2010. There will be no pause between races; the warning signal for each succeeding race will be made as soon as practicable.

6 CLASS FLAGS AND STARTING GROUPS:

- 6.1 All Nacra multihull models may enter. Nacra Championship classes are defined as:
 - a. Nederlands Kampioenschap Nacra Infusion 2010.
 - b. Any other Class Nacra Kampioenschap 2010; only if 10 or more boats of a specific Nacra model are competing.
 - c. "Open Class" Nacra Kampioenschap 2010 (for all other Nacra's not mentioned above, ranking based on Texel Rating).
- 6.2 A starting group will consist of one or more Nacra Classes. Detailed information about the Classes per starting group will be published on the official notice board at least one hour before the first race.
- 6.3 Starting group flags (= warning signal flags) are:
 - Starting group 1 will have a red flag.
 - Starting group 2 will have a white flag.
 - Starting group 3 will have a green flag.
- 6.4 The scheduled time is the warning signal of the first starting group. The starting signal of a starting group is the same as the warning signal of the succeeding starting group, unless indicated otherwise. A next scheduled group of races will start immediately after the last finisher of the preceding group of races.

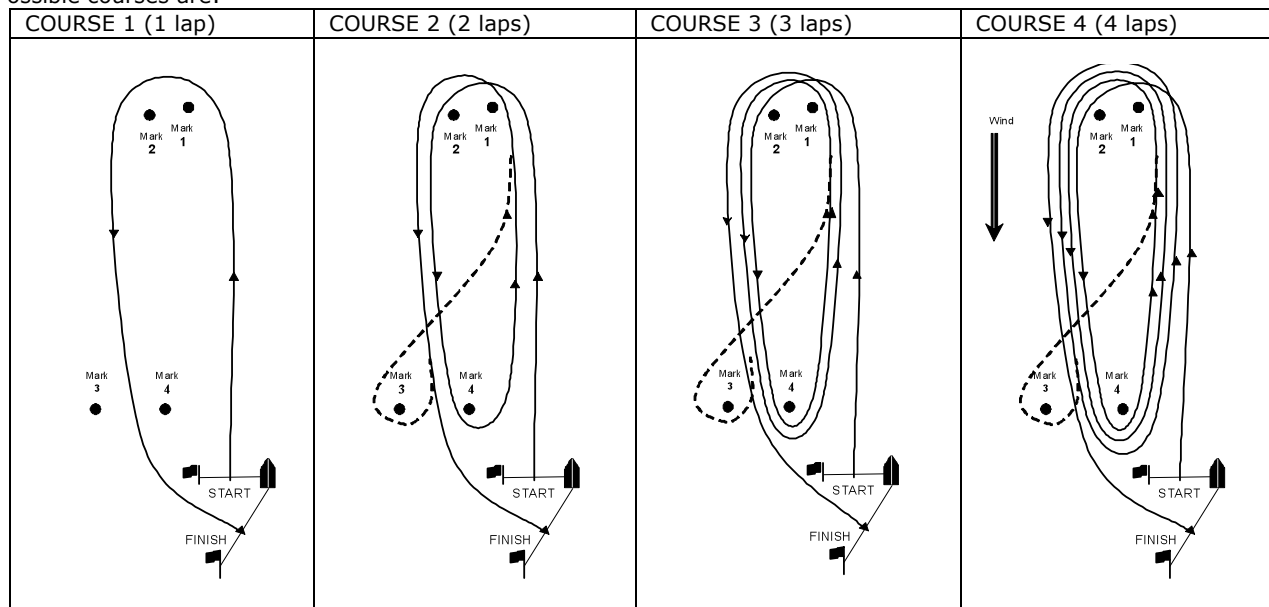
7 RACING AND STARTING AREA:

- 7.1 The racing area is north of the Catamaran beach of Marina Muiderzand.
- 7.2 The starting area has been defined as an area 50 meter to leeward and 50 meter on both ends of the starting line.

8 COURSES:

- 8.1 The courses will be 'windward-leeward' courses (up-down) with a windward mark (mark1), a spreader mark (mark2) and a gate (mark3+4) at the end of the leeward run.

8.2 Possible courses are:



8.3 Marks 1 and 2 must be left to port. The gate must be entered going downwind, also in the run towards the finish.

8.4 The "normal" course to be sailed per starting group will be published on the notice board.

8.5 The "shortened" course is one lap less than the "normal" course. The "shortened" course must be sailed if flag "U" (red/white checkered) is shown on the starting vessel before the warning signal; or is shown by a committee boat during the race at a mark including repeated horn signals.

9 MARKS:

Course marks 1, 2, 3 and 4 are big orange cylinders. Starting and finishing marks will be small yellow cylinders.

10 THE START:

10.1 Races will be started by using RRS 26.

Signal:	Flag and Sound:	Minutes before start:
AP	AP flag down + 1 long horn	6
Warning	Startgroup flag up + 1 horn	5
Preparation	I flag up + 1 horn	4
1-minute	I flag down + 1 long horn	1
Start	Startgroup flag down + 1 horn	0

10.2 The starting line is between a small yellow buoy at the port end and at the starboard end a yellow buoy attached on the starting vessel.

10.3 Only the starting group for which the warning signal has been given is allowed in the starting area.

10.4 A boat starting later than 4 minutes after her starting signal will be scored 'DNS'. This changes RRS A 4.

10.5 Contrary to the Black Flag rule RRS 30.3, no individual sail numbers will be shown. Only the first two sentences and the last sentence of RRS 30.3 will apply.

11 RECALLS:

11.1 In case of a general recall, the new starting signal for the same starting group will be given 5 minutes after the invalid start.

Signal:	Flag and Sound:	Minutes before re-start:
Generall recall	First Substitute flag up + 2 horns	5
Warning + Preparation	First Substitute down + Startgroup flag up + I flag up + 1 horn	4
1-minute	I flag down + 1 long horn	1
Start	Startgroup flag down + 1 horn	0

11.2 One minute after the general recall, the 'First Substitute' will be replaced by the same Starting group flag together with the I flag (or black flag) and a sound signal. This changes RRS 29.2.

11.3 One minute before the start the I flag will be removed with a long sound signal.

11.4 If a boat breaks the black flag rule the race committee will not display its sailnumber. This changes RSS 30.3.

12 CHANGE OF COURSE AFTER THE START:

12.1 To change the position of the next mark, the race committee will move the original mark (or the finishing line) to a new position.

12.2 When a committee boat is showing flag "U" close to one of the marks 1, 2 or 3/4 and making repeating sound signals, boats of all starting groups must sail 1 lap less and than finish.

13 THE FINISH:

13.1 The finishing line is situated outside the course and is open when the blue flag is shown.

13.2 The finishing line will be between a yellow mark (at the starboard end) and a yellow mark connected to the finishing vessel (at the port end of the finish line).

14 PENALTY SYSTEM:

14.1 For all classes RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

14.2 A boat that as taken a penalty under RRS 44.1 or retired under RRS 31.2 shall complete and file an acknowledgement form at the Regatta Office.

14.3 According to RRS 67, the jury may, without a hearing, penalize a boat that has broken RRS 42.

15 TIME LIMIT:

Boats failing to finish within 30 minutes after the first boat in their starting group sails the course and finishes will be scored 'DNF'. This changes RRS 35 and A 4.

16 PROTEST AND REQUEST FOR REDRESS:

16.1 Protest forms are available at the Regatta office. Protests shall be delivered there within the protest time limit. Hearings will be held in the club committee room.

16.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day. The same protest time limit applies to all protests by the race committee and jury and to requests for redress. This changes RRS 61.3 and 62.2. This time will be posted on the official notice board.

16.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

16.4 Notices of protests by the race committee or jury will be posted to inform boats under RRS 61.1(b).

16.5 Boats do not need to show the protest flag. This changes RRS 61.1.a.

17 SCORING:

17.1 The Low Point Scoring system will be used (RRS Appendix A4.1).

17.2 A total of 3 sailed races must be completed to constitute the "Nederlands kampioenschap Nacra 2010".

17.3 When 5 races or more have been completed, a boat series score will be the total of her race scores excluding her worst score.

17.4 Boats competing in the "Open" Class will be ranked based on the 2010 Texel Rating.

18 SAFETY REGULATIONS

18.1 All crew members must wear a life jacket when afloat, although flag 'Y' will not be shown. This changes RRS 40.

18.2 Crew members shall wear a wetsuit or dry suit during all races and shall carry at least one distress signal on their body during all races.

19 REPLACEMENT OF CREW OR EQUIPMENT

19.1 Replacement of parts (incl. sails) is limited to parts which have been damaged irreparably. This is to be judged by the race committee.

19.2 In case of illness, accidents or other special circumstances written requests for change of crew, available at the Regatta Office, must be directed to the race committee or jury. Only one change of crew may be granted.

20 EQUIPMENT AND MEASUREMENT CHECKS

20.1 The spinnaker should be on board during the complete series if the boat is entered with a spinnaker. For the Nacra 5.5 Raid, 6.0 Raid, Inter 17, Inter 18, F18, Infusion18, Inter 20 and Nacra 20, the spinnaker outfit is mandatory.

20.2 Boats must have sail numbers on their mainsail according to RRS appendix G. Boats not displaying numbers on their sails or displaying numbers that are not readable or different from those under which they have been registered, will be scored DNS.

20.3 Boats carrying identical sail numbers will be instructed by the race committee to adjust the sailnumber. This changes RRS G 1.1.c.

20.4 Checks may be carried out to test the boats' compliance with the Nacra Class Rules (latest edition).

21 RESULTS AND PRIZES:

Prizes will be awarded to each member of the crews placing first, second and third in a Nacra Championship Class. Nacra Championship classes are defined as:

- a. • Nederlands Kampioenschap Nacra Infusion 2010.
- b. Any other Class Nacra Kampioenschap 2010; only if 10 or more boats of a specific Nacra model are competing.
- c. "Open Class" Nacra Kampioenschap 2010 (for all other Nacra's not mentioned above, ranking based on Texel Rating).

22 DISCLAIMER OR LIABILITY:

Competitors participate in the "Nederlands kampioenschap Nacra 2010" entirely at their own risk. See RRS 4, Decision to Race. The Organising Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after "Nederlands kampioenschap Nacra 2010"

23 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of €1.500.000 per incident or the equivalent.